

BUSOG OSCE

Mrs Potter

Age 35

BMI 40

Gestation 28+1 weeks

She conceived unexpectedly and has taken folic acid up to 12 weeks of pregnancy. Unsure of LMP as has irregular cycle. No problems in early pregnancy. EDD dated from scan. No abnormalities on scan but was told her “baby looks very big” She is not concerned as she describes herself as “a big women” and doesn’t think this is worrying. She is here today to discuss the results of her OGTT.

Previous Pregnancy

P1. She had a normal first pregnancy four years ago with no problems. Had an emergency caesarean section which she cannot remember a lot about but thinks it was “because her baby became unhappy.” He was a big baby weighing 4.5kg.

PMH

PCOS diagnosed age 17

DH

Metformin prior to pregnancy

No known allergies

FH

Mother has type 2 diabetes

SH

She lives with husband and their 4 year old son. She is a non-smoker and non-drinker.

The results of her OGTT show she has gestational diabetes. Discuss the risks of gestational diabetes with the patient and discuss what lifestyle changes she can make.

Examination Check list

	Completed	Not Completed
Introduction		
Consent		
Wash hands/gel hands		
Ensure women is comfortable		
Chaperone		
Ask patient to expose her Abdomen		
General Inspection		
Hands		
Face		
Abdomen inspection (size, shape, linea nigra, rashes, scars, fetal movements)		
Symphysis fundal height		
Palpation (Number of foetuses, lie, presenting part, engagement)		
Fetal heart with sonicaid for one minute		
Ankles		
Blood Pressure		
Urine Dip		