

Vignette for students:

You are a medical student on placement in a GP practice and have been asked to take a history from Ms. Angela Bravo who is experiencing pelvic pain.

Please take a history (8 mins)

Instructions for patients

You are a 27-year-old banker who lives with her partner.

You have been experiencing increasingly painful periods over the last 6 years. You are worried that this will be affecting your fertility (you want to start a family soon; in the next 18 months) as well as your work and social life. You are currently missing up to 3 days of work every month and you have been cancelling plans with your friends.

You have tried taking ibuprofen and aspirin but neither have helped.

Only give this information if directly asked: Your last period was 2 weeks ago and your cycle usually lasts 28 days with 5 days of bleeding. You have not experienced any heavy bleeding. The pain starts about 1-2 days before your period and is 7/10. You have been avoiding sex because it can cause a deep pain, especially premenstrually. The pain is positional.

Your only form of contraception is condoms.

Your last smear was 6 months ago and it was normal. Your first period occurred when you were 14 years old and they have always been regular.

You have had some bladder urgency and there is pain when opening your bowels during your period. You occasionally get some light spotting in between your periods.

You have had no previous pregnancies and have been with your current partner for the last 4 years.

You had a ruptured ovarian cyst as a teenage for which you had laparoscopy and do not take the OCP as you had a DVT whilst taking this previously.

You have no relevant family history. You are currently only taking analgesics occasionally but are on no other medication.

You do not smoke or drink.

Instructions for examiner:

You are looking for the following:

	Introduction including full name and date of birth
	Obtains patient name and date of birth
	Wash hands
	Starts with open question
	Current gynae history including; LMP, cycle, menorrhagia, dysmenorrhea, dyspareunia, contraception
	Past gynae history including smears, menarche, STIs, gravid
	Asks about associated symptoms (urinary/bowel)
	Sexual history (when what who)
	PMHx
	FHx
	Drug Hx and allergies
	SHx (smoking and drinking)
	Addresses ideas, concerns and expectations
	Patient score e.g. rapport, empathy