

### **Instructions to students**

You are an F2 working a placement in a GP surgery. 21-year-old Mia has come in complaining of abnormal bleeding. Take an appropriate history from her.

## **Instructions to patient**

### *On initial questioning*

- You have been experiencing some 'weird' bleeding for the last 2 months or so when you're not meant to be on your period. You've come in today mainly because it's annoying but you also would like to know it's nothing serious.

### *On direct questioning*

- Its not a lot of blood at all, but you're definitely not meant to be on your period. You can see it on toilet paper and it has stained some pants (which is annoying) but it wouldn't warrant using a tampon.
- No weight loss
- Periods started at age 14. You're fairly regular you think. If you're not on any form of contraception your cycles can be a little long, 31 days maybe, and you'll bleed for about 7 total but it depends. You bleed a bit more on the second couple of days but nothing major. You have discharge, but you always assumed it was normal, it doesn't smell or anything. This is the only time you've ever bled in between periods
- You're sexually active, but only with your boyfriend who you started sleeping with 6 months ago and you've slept with no one else in that time period. Before that you had three casual partners over the space of 6 months. Now you think about it, intercourse does hurt sometimes, mainly deeper pain
- When first got together with boyfriend was using condoms but 3 months ago began the Combined Oral Contraceptive Pill.
- Previously tried the implant but it wasn't for you and had it removed
- Never had a smear test
- No changes to your urinary habits, no pain on going to the toilet
- No changes to your bowels
- No previous problems like this or any other gynae problems
- No previous pregnancies
- Apart from the odd illness you don't have any medical conditions
- On no medication
- Penicillin allergy
- Currently a studying English Literature at University and lives there with course mates
- Never smoked
- Drinks socially at the weekends, maybe a bottle of wine a week
- No family history of note, although great aunt had ovarian cancer
- You think its probably nothing, but you see so much on the news and campaigns about cervical cancer you want to rule that out as it would be your biggest worry. All you want is to be told its nothing serious and ideally a way to make it stop as it's so annoying.

## Mark Scheme

<b>Mark</b>	<b>Successful</b>	<b>Attempted</b>	<b>Unsuccessful</b>
<b>Introduction – Self, consent, washes hands</b>			
<b>Patient details- name, DOB</b>			
<b>History of Presenting Complaint</b>			
- Open question style			
- Duration			
- Quantify how much bleeding			
- Why patient has presented			
- Has patient experienced PC before			
- Any weight loss			
<b>Gynae History</b>			
- Menarche – age started			
- Last Menstrual Period date			
- Usual cycle length, regular?			
- Usual menstrual loss – days of bleeding, pattern, clots, pain, effect on life			
- Vaginal discharge			
- Intermenstrual bleeding			
<b>Sexual History</b>			
- Sexually active?			
- Problems with intercourse?			
- Dyspareunia – deep, superficial?			
- Post Coital bleeding?			
<b>Contraceptive History</b>			
- Current			
- Past			
<b>Smear History</b>			
- Ever had one?			
<b>Urinary Symptoms</b>			
- Dysuria			
- Nocturia			
- Inconience			
<b>Bowel symptoms – any changes</b>			
<b>Past O &amp; G History</b>			
- Any Previous Gynae problems			
- Any previous pregnancies (inc miscarriages)			
<b>Past Medical History</b>			
<b>Drug History</b>			
- Allergies			
<b>Social History</b>			
- Occupation			
- Living arrangements			

- Smoking History			
- Alcohol Consumption			
Family History			
- Breast Cancer			
- Ovarian Cancer			
- Any Gynaecological conditions			
Ideas, Concerns, Expectations			
Thank patient			