

## Post-Natal Check-Up (Student Info)

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You are a medical student on placement at a GP practice and have been asked to see a lady with her baby for a post-natal check-up.

You must:

- Take a history
- Prepare a case presentation for discussion with your examiner
- Form an appropriate management plan moving forward

## Post-Natal Check-Up (Patient info)

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**Name:** Emily Blake

**DOB:** 11/05/1986

Gave birth 4 weeks ago and you have come to see your GP for a check-up. You had a C-section due to severe pre-eclampsia. You delivered a healthy boy at 29<sup>+5</sup>/40 who weighed 2.5lbs. Soon after birth, baby had to be moved to an incubator, as he was so premature. You found this very stressful. Pregnancy was normal and there were no other complications other than pre-eclampsia.

*You had to stay in hospital for a week after the birth due to a complication. You suffered a seizure 10 hours after giving birth.*

**Other Hx:**

You do not drink any alcohol or smoke and you exercise regularly. You do not work.

***Italics – Do not give this information unless asked specific questions surrounding it!***

## Post-Natal Check-Up (Examiner info)

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<b>History:</b>	
Introduction and patient details	
Explores HPC in enough depth	
Explores any other relevant Hx	
Support and empathy offered to the patient	
Addresses ICE appropriately	
<b>Closure of consultation:</b>	
<b>Case Presentation:</b>	
<b>Differential Diagnoses:</b>	
<b>Clinical Reasoning</b>	